



**Friendship  
Trays** Meals on Wheels of  
Charlotte-Mecklenburg

## PROVIDING GROCERIES MEALS & HOPE



**OUR MISSION:** To nourish our neighbors with food and compassion.

**OUR VISION:** A community that accepts no excuses for our neighbors going hungry.

## OVERVIEW OF SERVICES

### GROCERIES

- » Network of Emergency Food Pantries serving Mecklenburg County
- » Providing 7-day supply of nutritionally balanced groceries
- » Mobile Food Pantries
- » Mobile Food Pharmacies
- » Grocery Home Delivery
- » Online Grocery Ordering by Instacart
- » Fresh produce distributed through Pop Up Food Shares
- » Specialty diets for chronic health conditions

### MEALS

- » Primary Meals on Wheels Program for Mecklenburg County
- » Weekday delivery of nutritious meals for those who cannot prepare or obtain a meal
- » Specialty diets for chronic health conditions
- » Affordable
- » Providing human connection for isolated and lonely individuals and peace of mind for their families

For more information about these programs visit:

[loavesandfishes.org](http://loavesandfishes.org) | [friendshiptrays.org](http://friendshiptrays.org)