

# PROVIDING GROCERIES, MEALS, AND HOPE



My friends, it has been a long two years and yet it has been a blur. I have the privilege of being the CEO of this incredible new and yet longstanding organization, Loaves & Fishes/Friendship Trays. In the middle of a pandemic, we merged our Loaves & Fishes network of pantries with Friendship Trays, our community's primary Meals On Wheels program. In May, we celebrated our one year anniversary of providing groceries, meals and hope to thousands of neighbors in Mecklenburg Co. .

2020 saw a tsunami of food insecurity and while things leveled off a bit in 2021, we are again facing an increase in need. With the cost of gas and groceries continuing to rise, we have seen the number of neighbors needing our services increase 80% year over year.

As the answer to food insecurity in our community, we meet our neighbors with the food they need, how they need it, when they need it and where they need it with the dignity and kindness everyone deserves. Thanks to your generous support, we are only getting started!

A handwritten signature in black ink that reads "Tina Postel". The signature is fluid and cursive.

Tina Postel CEO,  
Loaves & Fishes/Friendship Trays



*"We just moved out of the Women's Shelter. I'm working but it cost everything I had to move me and my daughter."*

—Grocery Recipient

*"The grocery store is only 2 miles away but it might as well be 200. You've given me my life back."*

—Meal Delivery Recipient

*"You have no idea how much stress is removed from my life because you provided us with food."*

—Grocery Recipient

# LOAVES & FISHES/FRIENDSHIP TRAYS: ONE MISSION, ONE ANSWER

Since the mid-1970's, Loaves & Fishes and Friendship Trays worked collaboratively under independent missions to provide access to food - whether groceries or prepared meals - in Mecklenburg County. In May of 2021, we joined forces to become this community's **one answer** to food insecurity in Mecklenburg Co., providing groceries, meals and hope to thousands of children, families and seniors.

Thanks to our new collective power as a merged organization, we are creating access to healthy, nutritious food in new innovative ways. From custom grocery home deliveries to specialized meal deliveries, Loaves & Fishes/Friendship Trays is proud to be the answer to anyone's food insecurity.

## GROCERIES

- » Mobile Pantries
- » Pop Up Food Shares
- » Mobile Food Pharmacies
- » Specialty Diet Food Boxes
- » Grocery Home Delivery
- » "Instacart" Platform for Online Grocery Shopping

## MEALS

- » Daily Meal Delivery
- » Diet Specific Meals
- » Friendly Home Check-In
- » Allows Homebound Individuals to Age In Place

## HOPE

- » Social Services Team
- » Bilingual Staff Members
- » Food Navigator Team
- » Staff Registered Dietitian



For more information about these programs and more, visit [www.loavesandfishes.org](http://www.loavesandfishes.org)



## BECAUSE OF YOUR SUPPORT IN 2021

**76,973** neighbors received a weeks worth of groceries

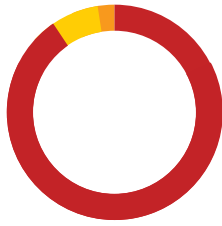
**117,539** meals delivered with a friendly check-in

**48,824** neighbors received fresh produce through Pop Up Food Shares

**15,734** received groceries delivered directly to their door

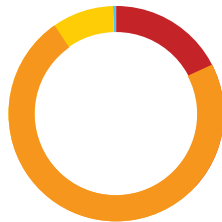
**5,890** neighbors were connected to food and additional services by our social services team

# 2020-2021 BUDGET



## HOW SUPPORT WAS USED

Program	<b>\$14,604,000 (87%)</b>
Administration	<b>\$944,000 (6%)</b>
Fundraising	<b>\$1,202,000 (7%)</b>
Total	<b>\$16,750,000</b>



## SOURCES OF SUPPORT

In-Kind Donations	<b>\$3,982,000 (24%)</b>
Financial Donations	<b>\$10,957,000 (65%)</b>
Volunteer Time	<b>\$1,807,000 (11%)</b>
Other	<b>\$4,000 (0%)</b>
Total	<b>\$16,750,000</b>

## BREAKDOWN OF SUPPORT

### Financial Donations

Individuals - 69%  
Foundations - 7%  
Congregations - 6%  
Businesses - 12%  
Organizations - 4%  
Government - 1%

### In-Kind Donations

Individuals - 8%  
Congregations - 2%  
Businesses - 4%  
Organizations - 45%  
Government - 40%  
Schools/Colleges - 1%

# 2021-2022 BOARD OF DIRECTORS

Jacqueline Sinicrope - President  
Tobe Holmes - Vice President  
Michael Elliot - Secretary  
Ed Brea - Treasurer  
Russ Ferguson - Exec. Committee  
Katie Kaney - Exec. Committee  
Gene Katz - Exec. Committee  
Keith Pehl - Exec. Committee  
Shana Plott - Exec. Committee

Aimee Baldwin  
Shelbra Booth  
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Chris Clackum  
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Heather Harjes  
Roger Hinckley  
Brooks Jaffa  
Meredith Jeffries

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Brian King  
Thomas Kraus  
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Mac Redfern  
Amalia Reyes Juchnik  
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Greg Tanner  
Yamileth Vega