



Spring  
2022

## THERE'S NO PLACE LIKE HOME

Imagine for a moment that you are alone,  
homebound and unable to prepare your own food.

Then imagine your relief when you hear a friendly  
knock at your door...

For some of our senior neighbors, home can be a place of  
loneliness, isolation, and hunger.

As the primary Meals on Wheels program for Mecklenburg  
Co., Loaves & Fishes/Friendship Trays provides freshly  
prepared, nutritious meals delivered directly to the homes  
of our senior neighbors.

But we deliver so much more.

On the other side of that door, a friendly, smiling  
volunteer delivers human connection to those who are  
isolated and lonely. They also deliver relief and peace of  
mind to families knowing that someone is checking in with  
their mom or dad.

Every single day, whether through home meal deliveries  
or through our network of emergency food pantries,  
Loaves & Fishes/Friendship Trays provides access to  
healthy food. With that comes comfort, dignity and  
security in the knowledge that someone cares - all  
delivered with an added allotment of love and friendship.

With your support, we will continue to make sure our  
neighbors are well fed and well loved allowing them to be  
where they want to be... at home.



[www.loavesandfishes.org](http://www.loavesandfishes.org)

# Loaves & Fishes/Friendship Trays is the answer to food insecurity for our community.



For Faye, it all comes from the heart.

A retired social worker, she and her husband Anthony volunteer every Monday and Tuesday delivering meals for our Friendship Trays program. She says they feel blessed and wanted to do something to give back. Something from the heart.

While they have gotten to know the recipients on their route, sometimes they don't always see them face to face, it may simply be a "thank you" called out from the other side of the door. But it brings Faye comfort just knowing they are getting a healthy meal that allows them to stay in their homes.



## Tickets are on sale now!

Stephanie Land, whose life story is the inspiration for the Netflix series MAID, is our keynote speaker for the Luncheon of Hope. Her debut memoir, *Maid: Hard Work, Low Pay, and a Mother's Will to Survive* is a NY Times best seller and now the inspiration for the critically acclaimed Netflix series starring Margaret Qualley and Andie MacDowell. Join us! Purchase tickets at [loavesandfishes.org](http://loavesandfishes.org).

Wednesday, May 25



Tickets On Sale NOW  
[loavesandfishes.org](http://loavesandfishes.org)



featuring Stephanie Land, author of **MAID**, NY Times Bestseller and inspiration for the Netflix series



## Food Prices Continue to Rise

Rising food prices have resulted in a 7% increase in the cost of providing meals to our seniors. It costs \$8.55 to provide one senior with one lunch, \$171 to provide one senior with lunch for one month, and \$2,052 to provide one senior with lunch for one year.

## 3 EASY WAYS YOU CAN HELP

### ENVELOPE

check or cash



### TEXT

text STOPHUNGER to 44321



### ONLINE

at [loavesandfishes.org](http://loavesandfishes.org)



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