



LOAVES & FISHES

Groceries for Neighbors in Need

Loaves & Fishes fights hunger in our community by providing a week's worth of nutritionally balanced groceries for families and individuals in need through a network of food pantries in Mecklenburg Co.

- Loaves & Fishes provided a week's worth of nutritionally balanced groceries to 120,000 people in 2020. Approximately 46% of our clients are children and seniors.
- Loaves & Fishes serves Mecklenburg County with a network of 41 food pantries located throughout the county from Pineville to Davidson. These include two mobile food pharmacies in partnership with ONE Charlotte Health Alliance.
- During COVID-19, Loaves & Fishes has temporarily switched from brick and mortar pantries to mobile pantry food distribution – 20+ locations per week – providing a week's worth of groceries in pre-packed food boxes, along with fresh produce, meat and dairy.
- Loaves & Fishes also provides home deliveries of groceries for homebound clients.
- Loaves & Fishes is a network of food pantries, not a food bank and is the largest food pantry network in North Carolina.
- Last year 94% of clients reported that they were worried they would run out of food before they had money to buy more.
- The typical family size of our clients is 3.
- Loaves & Fishes provides a week's worth of groceries– enough food to prepare 21 meals for each person in the household.
- Priority needs include canned meats, canned fruits (low sugar or in fruit juice), canned pastas, low sodium canned vegetables as well as pastas and cereal (including gluten free items).
- Financial donations help purchase perishable food items such as fresh produce and meat, eggs, bread, cheese and yogurt.
- A crisis situation such as a medical emergency, job loss, reduced hours, or car repair can cause someone struggling to make ends meet to have to choose between paying rent or buying food for their families.
- In 46 years, Loaves & Fishes has never had to turn away a hungry person due to lack of food.
- For more information visit our website at www.loavesandfishes.org.