



LOAVES & FISHES

Groceries for Neighbors in Need

Loaves & Fishes fights hunger in our community by providing a week's worth of nutritionally balanced groceries for families and individuals in need through a network of 41 food pantries in Mecklenburg Co.

- Loaves & Fishes provided a week's worth of nutritionally balanced groceries to 80,232 people in 2019. That's enough to fill Bank of America stadium.
- Approximately 50% of our clients are children and seniors.
- Loaves & Fishes serves Mecklenburg County with a network of 41 food pantries located throughout the county from Pineville to Davidson. These include two mobile food pharmacies launched in January in partnership with ONE Charlotte Health Alliance,
- Loaves & Fishes is a network of food pantries, not a food bank and is the largest food pantry network in North Carolina.
- Last year 94% of clients reported that they were worried they would run out of food before they had money to buy more.
- The typical family size of our clients is 3.
- Loaves & Fishes provides a week's worth of groceries— enough food to prepare 21 meals for each person in the household.
- Priority needs include canned meats, canned fruits (low sugar or in fruit juice), canned pastas, low sodium canned vegetables as well as pastas and cereal (including gluten free items).
- Financial donations help purchase perishable food items such as fresh produce and meat, eggs, bread, cheese and yogurt.
- A crisis situation such as a medical emergency, job loss, reduced hours, or car repair can cause someone struggling to make ends meet to have to choose between paying rent or buying food for their families.
- Loaves & Fishes operates food pantries on college campuses in Mecklenburg Co. including UNCC, JCSU, all six campuses of CPCC, and will open pantries at Queens and Johnson and Wales this spring.
- In 45 years, Loaves & Fishes has never had to turn away a hungry person due to lack of food.
- For more information visit our website at www.loavesandfishes.org.