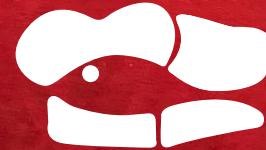


**Our mission is to provide a week's worth of nutritious groceries
to people within our community facing economic hardships.**

IMPACT REPORT



LOAVES & FISHES

Groceries for Neighbors in Need

www.loavesandfishes.org

Providing Groceries and Hope



At Loaves & Fishes, your support changes lives every day, providing not just groceries but real **hope**.

I'm unbelievably proud of the extraordinary work that was done this past year, largely by a dedicated mass of volunteers and a community that rallied compassionately around those less fortunate. In 2018, you helped us provide groceries to over 77,600 people in our community.

This Impact Report is about you and what you made possible. We are grateful!

Tina Postel, Executive Director

Because of you...

- » 77,630 people sat down with their families and enjoyed nutritionally balanced meals together.
- » 32,216 children did not go to bed hungry.
- » 1,600,000 pounds of groceries were distributed to feed hungry neighbors in need.

All thanks to you.

While a week's worth of groceries is only a stop-gap measure, it is a critical necessity that must first be addressed before any other work can begin. According to a study by Atrium Health, one of the most consistent commonly identified social determinants of health is food insecurity.

Hunger and food insecurity don't happen in isolation of other issues but rather are frequently a symptom of much deeper issues including poverty, health issues, affordable housing, unemployment or underemployment, increased living expenses and other unforeseen crises.

Your generosity inspires us to do more, allowing us to not only feed people but to feed them well. To grow to meet the need. To dig deeper, making connections on underlying issues.

There are so many faces of hunger, many who are suffering in silence and shame. However, it is a transformational experience to watch a first-time client come to Loaves & Fishes apprehensive and embarrassed and 30 minutes later leaving with a cart filled with groceries, smiling and often hugging the volunteers.

This is what hope looks like.

As you read this report, you will find just a few examples of the extraordinary work you make possible each and every day, work that is being translated into real hope. It is hope that we are privileged to witness firsthand, in the faces of neighbors in need. Thank you for giving them the gift of hope.

What Does Hope Look Like?

Mr. Ronald Everett has been on a waiting list for permanent housing for 5 years. He has diabetes and is on disability. He has to be cautious about his diet and has been trying hard to make sure the foods he chooses are healthier options. He is thankful for the week's worth of nutritious groceries from Loaves & Fishes.

If it wasn't for people like this, I might have given up.



Program Highlights

In 2018, our Board of Directors developed a strategic road map for Loaves & Fishes focusing on four key areas and we are proud to share a few highlights in each of these areas:

- » **ACCESSIBILITY:** Opened four new pantries with partner agencies in food insecure neighborhoods, including a pantry at the first of six planned Community Resource Centers for Mecklenburg Co. In addition, to better serve our clients, several existing pantries extended their hours or added days of operation including Saturdays.
- » **COLLABORATION:** Partnered with Atrium Health, Novant Health and Mecklenburg Co. Health Dept. as part of the **One Charlotte Health Alliance (OCHA)** to screen patients for food insecurity and be the prescription for health. Food = medicine!
- » **SUSTAINABILITY:** Hosted Raising Children Who Care, a luncheon featuring children's author Lois Brandt, to help teach parents how to talk to children about hunger.
- » **INFRASTRUCTURE:** Launched a new custom designed software called FishNet, that allows referrals to be made 24 hours a day, 7 days a week. Since it began in June, nearly 25% of referrals are made online and after hours.



From Our 2018 Client Survey

54% will use the money they saved to pay rent



31% will use the money they saved to pay electric and/or gas bills



Food Insecurity our clients face:

94% worried whether their food would run out before they had money to buy more



90% have had food run out

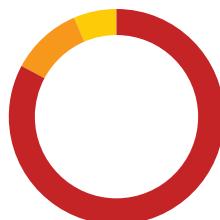


Because of Your Support in 2018

72,847 Hours volunteers provided **4,436** Volunteers **12** Full-time Staff **18** Full Pantries **15** Mini Pantries

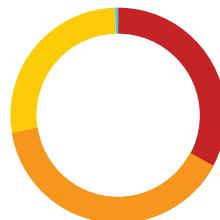
\$1,151 Average monthly household income of Loaves & Fishes clients **2.6** Average family size

2017-2018 Budget



How Support Was Used

	Program	\$5,345,000
	Administration	\$572,000
	Fundraising	\$152,000



Sources of Support

	In-Kind Donations	\$2,247,000
	Financial Donations	\$3,653,000
	Volunteer Time	\$1,762,000
	Other	\$7,000

Breakdown of Support

Financial Donations

Individuals – 67.6%
Foundations – 14.8%
Congregations – 7.8%
Businesses – 7.3%
Organizations – 1.8%
Government – .7%

In-Kind Donations

Individuals – 4.8%
Congregations – 9.2%
Businesses – 36.4%
Organizations – 36.4%
Government – 7.5%
Schools/Colleges – 5.7%

2018-2019 BOARD OF DIRECTORS

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Atrium Health

Heather Harjes – President Elect

Compass Group

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Eduardo Brea – Treasurer

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