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**LOAVES & FISHES**

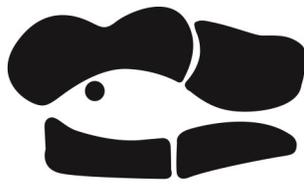
Groceries for Neighbors in Need

# Loaves & Fishes

## *At A Glance*

Loaves & Fishes provides a week's worth of nutritious groceries to people in crisis in our community. Since 1975, we have never turned away a hungry person for lack of food.





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## LOAVES & FISHES

Groceries for Neighbors in Need

### Loaves & Fishes History

Loaves & Fishes is a nonprofit organization founded in 1975 by a handful of people who recognized the growing hunger needs of people in our community. In 1975, Loaves & Fishes fed 1,000 people. Last year, 76,514 people received a week's worth of nutritionally balanced groceries.

### Why Donate?

A crisis situation such as a medical emergency, job loss or reduced hours can create a difficult choice - between paying for rent, medicines or feeding your family. To help make ends meet, Loaves & Fishes provides nutritionally balanced groceries, free of charge, to our neighbors in need.



LOAVES & FISHES  
Groceries for Neighbors in Need

Loaves & Fishes  
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[www.loavesandfishes.org](http://www.loavesandfishes.org)

### What YOU should know:

- In 2017, through a network of over 30 volunteer-staffed food pantries, Loaves & Fishes fed 76,514 people in Mecklenburg Co. , enough to fill Bank of America stadium.
- 46% were children.
- Families and individuals choose nutritionally balanced groceries at no cost. They can then prepare meals in their own homes.
- Loaves & Fishes' bagging list was developed by a registered dietician.
- Neighbors in need are referred by human service agencies, clergy, medical providers and school counselors who see first hand those who struggle in our community.
- 93% of clients reported worrying they would run out of food before having money to buy more.
- Priority needs include canned meats, canned fruit, pastas, cereal and 100% juice.
- Financial donations are used to purchase perishable items such as eggs, yogurt, fresh meat & cheese.