

**LOAVES & FISHES**

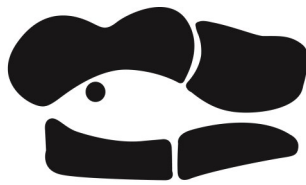
Groceries for Neighbors in Need

# **Loaves & Fishes**

## *At A Glance*

Loaves & Fishes provides a week's worth of nutritious groceries to people in crisis in our community. Since 1975, we have never turned away a hungry person for lack of food.





## LOAVES & FISHES

Groceries for Neighbors in Need

### Why Donate?

A crisis situation such as a medical emergency, job loss or reduced hours can create a difficult choice - between paying for rent, medicines or feeding your family. To help make ends meet, Loaves & Fishes provides nutritionally balanced groceries, free of charge, to our neighbors in need.

### Client Letters

*I have been out of work for six months. It seems that everything that can go wrong has this year. I lost my job. My daughter could not return to college. My mom died and my gas got cut off, but I still trust in God's sweet word.  
Thank you.*

*We lost our main source of income. My hours have been cut and our rent increased. Thanks to Loaves & Fishes for the groceries.*

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### What YOU should know:

- In 2015, through a network of 20 volunteer-staffed food pantries, Loaves & Fishes fed 71,766 people in Meck. Co.
- 48% were children.
- Families and individuals receive nutritionally balanced groceries at no cost. They can then prepare meals in their own homes.
- Loaves & Fishes' bagging list was developed by a registered dietician.
- Neighbors in need are referred by human service agencies, clergy, medical providers and school counselors who see first hand those who struggle in our community.
- Priority needs include canned meats, canned fruit, pastas, cereal and 100% juice.
- For more information visit [www.loavesandfishes.org](http://www.loavesandfishes.org).